

SMITH COMMERCE
ORIENTATION
WEEK 2022

The Official Primer

SMITH COMMERCE

O WEEK

LAND ACKNOWLEDGMENT

The Smith School of Business and Queen's University are situated on the unceded traditional lands of the Anishinaabe, and following a forced relocation, the Haudenosaunee peoples. In 1783, this land was colonized through the deed known as the "Crawford Purchase". In return for this large, broad, and vague claim to territory, the Crown made a disproportionate payment in the form of blankets, clothing, guns, and ammunition.

As Incoming Commerce students, we ask you to reflect on how the success of Canada's economy today is directly dependent on the historical oppression and violent colonization of Indigenous peoples. Canada's abundant natural resources have traditionally been stewarded and protected by Indigenous Nations since time immemorial. These Indigenous peoples protected the harvesting of the land and water with a treaty belt called One Dish One Spoon. Through the many attempts to challenge Indigenous peoples' sovereignty over their lands and forcibly dismantle their cultures, we recognize the actions of the Canadian government as cultural genocide – and its effects are ongoing.

Not simply acknowledging this traditional territory, but doing one's part to understand and respect this land gives recognition to its history predating the establishment of the earliest European contact. It gives recognition to the pain Indigenous communities have endured and continue to endure today. It gives recognition to this territory's significance for the Anishinaabe and Haudenosaunee peoples who have lived and continue to live upon it; people whose practices and spiritualities are tied to the land and continue to develop in relationship to the territory and its other current inhabitants.

To this day, Kingston continues to be the home of the Anishinaabe and the Haudenosaunee peoples, as well as for a significant Métis community and First Peoples from other Nations across Turtle Island – creating a centre filled with Indigenous cultural identity, knowledge, language, and tradition. These Indigenous communities and their claim on the land that we gratefully live, learn, and play on today remain a present part of the Smith School of Business and Queen's University.

The Commerce Executive on Orientation is grateful that we are able to welcome Incoming Students year after year on these traditional lands, that we continue to reside on and use without permission. We recognize that this traditional territory makes Smith Commerce Orientation Week possible, ultimately facilitating a successful university experience and prosperous career for all Incoming Students. Lasting memories, lifelong friendships, education, and personal growth are among the many things these lands have and continue to give to us. We are grateful for the countless opportunities and resources that educational institutions such as Queen's University provide students to continuously learn about the value that the land we occupy holds for the communities they rightfully belong to.

The Commerce Executive on Orientation encourages students to view reconciliation as an ongoing process that is continuously in need of support. While this process takes place at the micro-level among individuals, we also recognize that macro-level changes to law and policy among various levels of government are necessary in order to eliminate the current unequal experiences and living conditions between Indigenous and non-Indigenous inhabitants. As residents on this land, we are obliged to learn about the specific territories we occupy, the Indigenous communities they belong to, and advocate for systemic change from the Canadian government, in order to work towards a relationship that fosters reconciliation between all nations. The Commerce Executive on Orientation is committed to increasing the visibility of Indigenous communities to ensure all Incoming Indigenous students are supported in an educated, equitable, and inclusive environment.

EQUITY, DIVERSITY, INCLUSION, AND INDIGENEITY

THE CEO'S COMMITMENT TO EDI+I

The Commerce Executive on Orientation is committed to creating an Orientation Week environment where all Incoming Students are welcomed, included, and supported. We strive to eliminate discrimination in all its forms, ensure that every Incoming Student's individual diversity is respected, and treat all Incoming Students equitably. Ultimately, our primary goal is to ensure that all Incoming Students feel a sense of belonging from the moment registration opens through to the end of their time at the Smith School of Business.

Want to learn more about EDI+I at Queen's? Refer to page 64 of the Primer for a list of resources at Queen's and in the Kingston Community, and visit the EDI+I page on our website [here](#).



Yi Lian (She/Her)
EDII Director,
Commerce Executive on
Orientation
yi.lian@queensu.ca



WELCOME
HOME

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SMITH COMMERCE

OWEEK

MEET THE CEO

(COMMERCE EXECUTIVE ON ORIENTATION)



Brooklyn Winter
Chair
(She/Her)



Sophie Johnson
Marketing Director
(She/Her)



Yi Lian
EDII Director
(She/Her)



Julius Adu
Logistics Coordinator
(He/Him)



Kate Dickie
Logistics Coordinator
(She/Her)



Victoria Migliore
Technical Director
(She/Her)



Paige Reynolds
Sponsorship Coordinator
(She/Her)



Charlie Milley
Sponsorship Coordinator
(She/Her)



Jack Wilson
Finance Director
(He/Him)



Emily Prpic
Leadership Director
(She/Her)



Hannah Pereira
Intern to the CEO
(She/Her)

LETTER FROM THE CHAIR

Dear Class of 2026,

On behalf of the Commerce Executive on Orientation (CEO), I would like to sincerely congratulate you on entering the next phase of your academic career and commencing a transformative University experience. As Queen's 103rd Smith Commerce Class, you are joining the ranks of trailblazers and change-makers who have come before you; I am confident that you will similarly create a lasting impact.

These past two years have been anything but typical, and you have demonstrated incredible resilience by overcoming the countless challenges they presented. It is undeniable that your achievements, past and future, deserve to be celebrated—the CEO is thrilled to announce that this will occur during the first in-person Orientation Week since 2019. Smith Commerce Orientation Week 2022 will mark the beginning of your four-year journey in the Smith Commerce Program. Over the course of four days, you will forge lasting friendships, create lasting memories, receive important resources, and commemorate your accomplishments.

Last year, with the creation of the Smith Commerce Orientation Week Transformation Project, the CEO initiated positive change across all aspects of Orientation Week. The CEO of 2022, guided by Orientation Week's fundamental purpose, is committed to advancing this transformation to create an inclusive orientation experience. Please take a moment to reflect on the CEO's vision statement for Smith Commerce Orientation Week 2022:

Smith Commerce Orientation Week 2022 will redefine how transitioning into the program looks and feels. Through implementing new initiatives and advancing past changes, Smith Commerce Orientation Week 2022 will ensure a sense of belonging while providing Incoming Students with the tools to achieve their goals.

With *transparency, transformation, accountability, and support* top of mind, the CEO and your Orientation Leaders have worked tirelessly to realize this vision statement and provide you with the best Smith Commerce Orientation Week to date.

I highly encourage you to register for what I am confident will be an unforgettable four days. After all, the country's best undergraduate business program deserves an equally impressive Orientation Week. I am beyond excited for everything that lies ahead of you and am thrilled to welcome you into the Smith Commerce Program—we cannot wait to meet you in September!

BCom part of the family!

Sincerely,

Brooklyn Winter
Chair, Commerce Executive on Orientation of 2022



LETTER FROM ADMINISTRATION

To the Smith Commerce Class of 2026

It is our great pleasure to welcome you to Smith Commerce. We are honoured that you've chosen Smith School of Business and Queen's University and we are excited to see you in Goodes Hall this year. As a Commerce student, you are joining a community of students, faculty, staff, and alumni who are making an impact as they tackle important issues in business and beyond, and we know that your contributions as a Commerce student will continue the tradition of excellence and thought leadership that Smith is known for.

We also know that your path through the program may not always be easy. It can take some time to adjust to university classes and to find the best balance between your academics, extra-curricular activities, and social life, all while staying safe and healthy as we continue to navigate a global pandemic. We want to let you know that there are so many ways to seek help and support: through the Commerce Office, including academic advisors and counsellors; through Student Wellness, for mental and physical health; through Queen's Student Accessibility Services (QSAS) to remove barriers to your learning; through Student Academic Success Services (SASS) to help with writing and study tips; through your professors and teaching assistants; and through your fellow students. If you're overwhelmed with how to start reaching out for help, the Commerce Office is a great place to begin.

Your Commerce Orientation is designed and hosted by an amazingly dedicated and hard-working group of upper year students. They've put together a program to introduce you to Queen's and Smith and to give you an opportunity to connect with your peers. Orientation is about building a strong and inclusive community of incoming students and we encourage you to think about the role you play in doing so. Think about your values and how you can put them into action as a part of the Class of 2026.

We're looking forward to seeing you at the Commerce Orientation activities, in Goodes Hall and around campus, and in the classroom! Please introduce yourself to us when you see us – we're so excited to get to know you!

Arcan Nalca (He/Him)
Academic Director, Smith Commerce

Kate Rowbotham (She/Her)
Undergraduate Curriculum Chair

LETTER FROM THE COMMERCE SOCIETY EXECUTIVE

Welcome home, Comm' 26! You are about to enter an incredible chapter of your story, so get excited. With an acceptance to the Smith Commerce program you are not only proving to be a strong academic, but you are proving to be someone who cares about the world, and making it a better place to be. These next few years will include some of the most memorable times of your life, and it all begins with Orientation week.

The Commerce Executive on Orientation (CEO) has spent hours bringing this week to life for you all. It was no easy task to plan a fully in-person week, considering the past couple of years have been remote. However, this incredibly skilled team has not only managed to bring back in-person orientation week, but they have actually made it better in so many ways by incorporating new traditions, and activities.

During this week, you will have the chance to experience one of the most renowned Orientation weeks in the country! We want to personally remind you that from our experience in the program, we feel as though the purpose of this week is to get comfortable with the program, campus, and student-life, while building relationships with your peers to build an inclusive, dynamic Comm' 26 family. While doing all of this, the most important aspect is having fun! If you are ever in a situation during orientation-week that feels “un-fun” please reachout to a member of CEO or one of us! And remember, it is a small chapter, of what is a long 4 years ahead of you, so don't feel pressure to learn everything and figure out everything in this one week. Just. Enjoy!

Above everything, remember that you are going through a large life transition. The jump from high school to University affects everyone in one way or another. So if you are ever feeling it, be kind to yourself. Everyone experiences some sort of uncomfot in the transition and that is part of the beautiful process. Be kind to yourself by remembering that you are here for a reason, and that you are not alone in these feelings. This book is yours to write, and you have more support systems available to you than you know.

The Commerce Society is a neat hybrid of a student government and student council. Essentially, we govern and support all 50+ Commerce clubs and committees. This is done through creating and maintaining policies, hosting program wide events, and creating high-level strategic initiatives. We also act as the voice of the Commerce program, and have a large focus on advocating for students and student experience to University administration. To keep ourselves aligned and focussed, we tend to remind ourselves of our four platform pillars often.

Our first pillar is community. We hope to strengthen the Commerce community through finding meaningful moments to connect as we come out of the pandemic life, and transition back to full campus activity. We hope to build a community where everyone has a place, and is passionately an active member.

Next up is authenticity. This one is very special, because it is what we rely on in order to do everything in our society. Specifically, the strength of our clubs, events, conferences, etc. relies on every commerce student showing up, as their true and authentic self. As a society, we hope to remove barriers to promote self-exploration (professional and personal) amongst commerce students.

Looking at our third platform, advocacy, it brings us to thinking about how a university experience is not one-size-fits-all. Because of this, we hope to continue expressing that in our efforts to represent the voice of all students in the program.

When we think about the culture at Queen's and more specifically within the Smith Commerce family, the coolest part is that it is in ALL of our hands to determine it! From this point on, you have the opportunity to shape the culture of our program. Over the past couple of years, we have taken many strides forward in making this program a place of home and belonging for everyone; regardless of race, gender, socio-economic status, or identity. With that, I am so excited to see how each of you contributes to continuing to build this culture with more strides forward everyday.

We hope hearing about Comsoc's pillars and missions got you all as excited as we are for the year to come. I am confident that you are all even more excited for one of the core memories of a Queen's Commerce student. That experience being, Orientation Week 2022. We can't wait to see you all on campus for a year to remember!

Team RMK

Tara Rezvan (She/Her)
President

Amanda Morwick (She/Her)
VP, Student Affairs

Ethan Kibel (He/Him)
VP, Operations



ORIENTATION WEEK REGISTRATION

REGISTRATION DEADLINE:

AUGUST 31, 2022, AT 11:59 PM EST

HOW TO REGISTER

Navigate to smithcommerceweek.com and click on the "Registration" tab. There you will find detailed instructions for registration. Once you have purchased the "Registration Fee", you will receive a confirmation email.

REGISTRATION COSTS

| | |
|-----------------|--|
| \$137.56 | Smith Commerce Orientation Week Registration Fee |
| \$41.91 | "I Like Commerce" Uniform |
| \$30.26 | Orientation Week Coveralls |

STAY CONNECTED WITH US



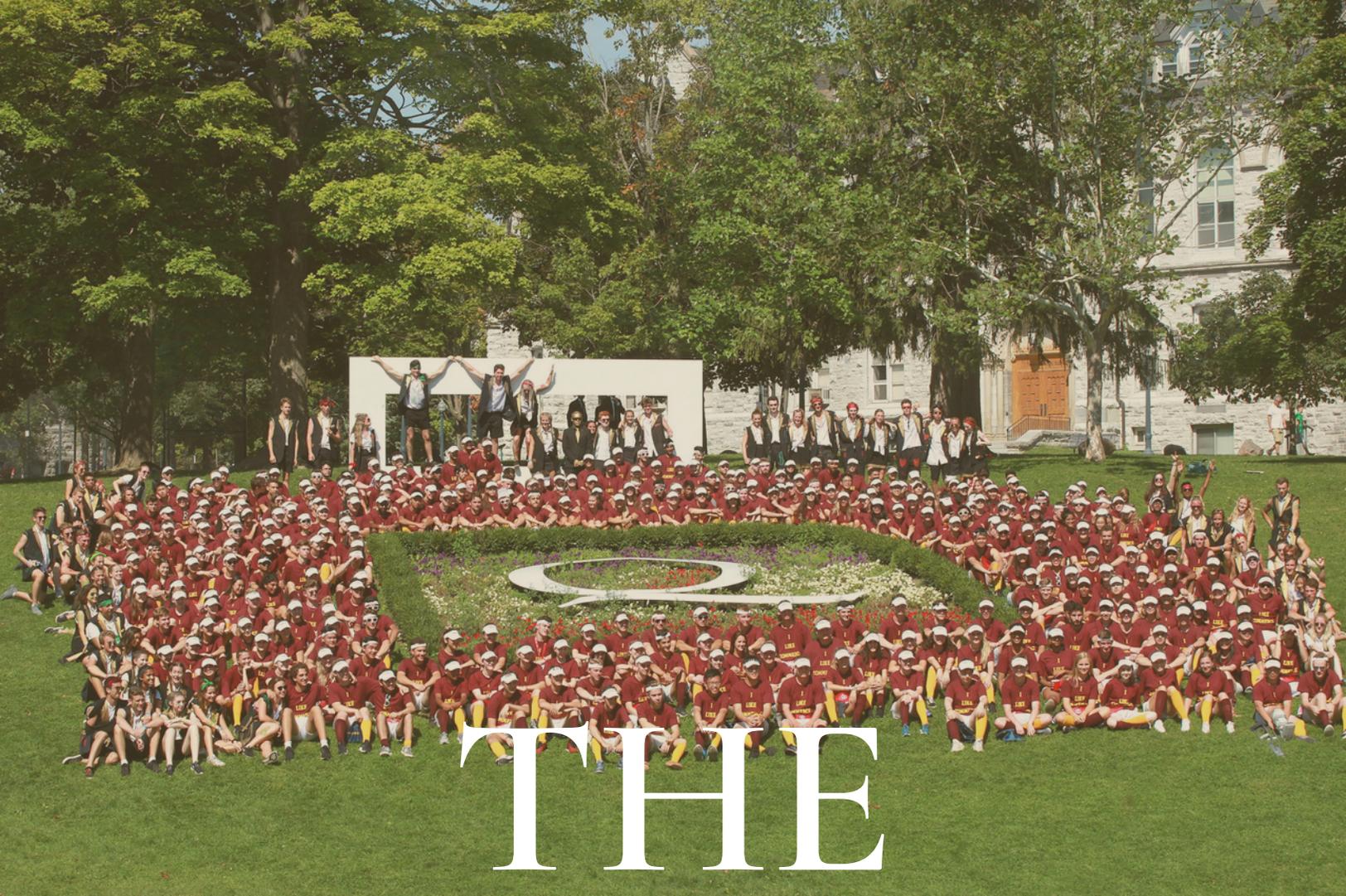
@smithcommerceweek



orientation@comsoc.queensu.ca



www.smithcommerceweek.com



THE



LEGEND

*Are you ready to begin the best
four years of your life?*

Nothing has prepared you for what lies ahead. You will make forever friends and memories to last a lifetime. Smith Commerce Orientation Week is nothing short of an exhilarating experience.

Not a moment will pass where you regret the countless hours of hard work you put forth to get here. You've worked hard to join this family, and you will get the chance to rejoice with your fellow Commies and cherish these moments. We can't wait for you to finally experience these much-awaited four days.

All of this is possible because of one person...



THE LEGEND OF HEAD BOSS

Since they first stepped into Goodes Hall, Head Boss has been dedicated to the Smith Commerce Program. During their four years at Smith, they made a name for themselves; they continued this legacy by leading a prosperous, fulfilling career.

While many view Head Boss's achievements as unattainable, they compare their business success to winning a game of cards. Like business, card games have different structures and rules, as well as elements of strategy, risk, and luck. Like life, individuals are dealt a hand and must choose how to play their cards. For this reason, Head Boss holds Hearts, Diamonds, Clubs, and Spades near and dear.



Each year, Head Boss returns to Kingston to congratulate Incoming Students on earning their well-deserved place in the Smith Commerce program. They are equally excited to see students carry on their legacy—only time will tell if Hearts, Diamonds, Clubs, or Spades prevails, and if you're able to make magic out of the cards you're dealt. Head Boss can't wait to see how this plays out...

MEET YOUR O-WEEK BOSSES

Your Orientation Leaders (Bosses) have been hand-picked by Head Boss. They were chosen because of the limitless potential and vigour they demonstrated during their own Orientation Week, and they hope to see the same from you.

Your Bosses will lead you through Orientation Week and the rest of your time at Queen's. With undying passion and allegiance, they truly are the essence of the Commerce family. They are your mentors. Always respect them. Because if you don't, you will have to deal with the ONLY person the Bosses bow down to...

HEAD BOSS

Meet Your

DIAMOND

Bosses

Watch Them Shine...

BOSS MOUSE



CONVICTED FOR
CHEWING THROUGH
WIRE AND
STEALING FOOD
SENTENCED TO
THE MOUSE TRAP
UPON RELEASE
WILL RUN AWAY
FROM CATS

BOSS RIGHT



CONVICTED FOR
ALWAYS BEING
RIGHT
SENTENCED TO
A DECADE OF BEING
WRONG
UPON RELEASE
WILL START SAYING I
TOLD YOU SO AGAIN

BOSS LEGO



CONVICTED FOR
BEING TOO ATTACHED
SENTENCED TO
LISTENING TO LEGO
HOUSE BY ED SHEERAN
UPON RELEASE
WILL BUILD
HEALTHY
RELATIONSHIPS

BOSS COMET



CONVICTED FOR
BEING TOO COLD
SENTENCED TO
CLEANING SPACE JUNK
UPON RELEASE
WILL WARM UP
IN THE SUN

BOSS MANGO



CONVICTED FOR
STEALING ALL THE
MANGOES
SENTENCED TO
ONLY EATING
VEGETABLES
UPON RELEASE
WILL OPEN A
FRUIT STAND

BOSS AMP



CONVICTED FOR
BEING TOO LOUD
SENTENCED TO
THE SILENT
TREATMENT
UPON RELEASE
WILL BUY THE
BEST SOUND
SYSTEM

BOSS DISCO



CONVICTED FOR
TOO MUCH SPARKLY
CLOTHING
SENTENCED TO
A LIFETIME BAN
FROM THE DISCO
CLUB
UPON RELEASE
WILL GROOVE
ONCE AGAIN

BOSS BLUE



CONVICTED FOR
TRESPASSING IN THE
SMURF VILLAGE
SENTENCED TO
TEN YEARS OF ONLY
WEARING PINK
UPON RELEASE
WILL SING THE BLUES

BOSS PLINKO



CONVICTED FOR
BEING
UNPREDICTABLE
SENTENCED TO
AN ETERNITY OF
PLAYING SPIN
THE WHEEL
UPON RELEASE
WILL WIN THE
PRICE IS RIGHT

BOSS MADRID



CONVICTED FOR
BEING A BAD
MATADOR
SENTENCED TO
TEN YEARS IN
BARCELONA PRISON
UPON RELEASE
WILL RUN WITH THE
BULLS

BOSS TEE



CONVICTED FOR
SPILLING THE TEE
SENTENCED TO
A LIFETIME OF
BUNKER SHOTS
UPON RELEASE
WILL HIT A
HOLE-IN-ONE

BOSS MUNICH



CONVICTED FOR
STEALING SAUSAGES AT
OKTOBERFEST
SENTENCED TO
FORCED TO ONLY EAT
SAUERKRAUT
UPON RELEASE
WILL DRIVE AN
AUDI

BOSS DECIMAL



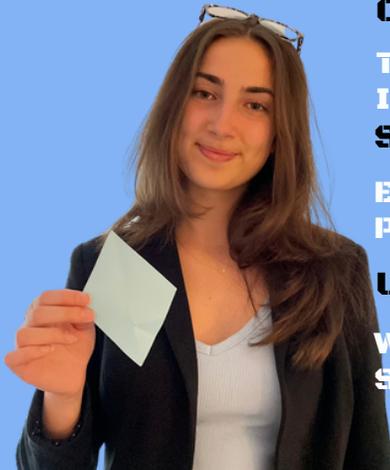
**CONVICTED FOR
NOT GETTING TO
THE POINT
SENTENCED TO
TIME IN THE DEWY
DECIMAL SYSTEM
UPON RELEASE
WILL BECOME
WHOLE**

BOSS FUTURE



**CONVICTED FOR
BUYING TOO
MANY PLANNERS
SENTENCED TO
A LIFETIME OF GOING
WITH THE FLOW
UPON RELEASE
WILL LIVE IN
THE MOMENT**

BOSS SPICE



**CONVICTED FOR
THINKING KETCHUP
IS SPICY
SENTENCED TO
EATING A GHOST
PEPPER
UPON RELEASE
WILL JOIN THE
SPICE GIRLS**

Meet Your

HEARTS

Bosses

Love Them Endlessly...

BOSS MARKET



**CONVICTED FOR
PRINTING TOO
MUCH MONEY
SENTENCED TO
LIFETIME OF
WATCHING WOLF
OF WALL STREET
UPON RELEASE
WILL START THEIR
OWN CRYPTO**

BOSS MANCHESTER



**CONVICTED FOR
NOT WATCHING
FOOTBALL
SENTENCED TO
NO FAKE TAN OR
BRITISH RAP
UPON RELEASE
WILL EAT FISH
AND CRISPS**

BOSS SUN



**CONVICTED FOR
BURNING TOO
BRIGHT
SENTENCED TO
A PERMANENT
ECLIPSE
UPON RELEASE
WILL TAKE CARE
OF THE SOLAR
SYSTEM**

BOSS MONACO



**CONVICTED FOR
BEING TOO PRETTY
SENTENCED TO
LIFETIME BAN OF
TOURISTS
UPON RELEASE
WILL VISIT OTHER
COUNTRIES**

BOSS SUMMER



**CONVICTED FOR
GETTING SUNBURNT
SENTENCED TO
WEARING PANTS
AND LONG SLEEVES
UPON RELEASE
WILL GET TO WEAR
SHORTS AGAIN**

BOSS MARBLE



**CONVICTED FOR
WATCHING TOO MANY
MARBLE MOVIES
SENTENCED TO
SUMMER SCHOOL
UPON RELEASE
WON'T TAKE SCHOOL
FOR GRANITE**

BOSS MILAN



CONVICTED FOR
CRASHING
MULTIPLE FASHION
WEEK EVENTS
SENTENCED TO
A LIFETIME BAN
FROM PASTA
UPON RELEASE
WILL TRY PARIS
FASHION WEEK

BOSS ALPHABET



CONVICTED FOR
THINKING U AND I WERE
TOGETHER
SENTENCED TO
ONLY EATING
ALPHAGETTI FOR 10
YEARS
UPON RELEASE
WILL SING THE ABCS

BOSS TWILIGHT



CONVICTED FOR
FALLING FOR A
VAMPIRE
SENTENCED TO
A LIFETIME WITH
WAREWOLVES
UPON RELEASE
WILL MAKE
FRIENDS WITH
HUMANS

BOSS CAPTAIN



CONVICTED FOR
STEALING
PRECIOUS JEWELS
SENTENCED TO
WALKING THE PLANK
UPON RELEASE
WILL BUILD A NEW SHIP

BOSS BINGO



CONVICTED FOR
MANIPULATING
THE GAME
SENTENCED TO
LOSING ALL
BINGO PRIZES
UPON RELEASE
WILL PLAY
BRIDGE INSTEAD

BOSS FRESH



CONVICTED FOR
IGNORING EXPIRY
DATES
SENTENCED TO
A LIFETIME OF
FROZEN FOOD
UPON RELEASE
WILL OPEN A
SUBWAY

BOSS HILLS



**CONVICTED FOR
BEING TOO STEEP
SENTENCED TO
FLATTENING OUT
UPON RELEASE
WILL BECOME
A MOUNTAIN**

Meet Your

SPADES

Bosses

You'll Dig Them...

BOSS ROCK



**CONVICTED FOR
FORGETTING THE
OIL THIGH LYRICS
SENTENCED TO
A LIFETIME BAN
FROM CONCERTS
UPON RELEASE
WILL SING IN
THE SHOWER**

BOSS CIRCLE



**CONVICTED FOR
CUTTING CORNERS
SENTENCED TO
LOSING THEIR SHAPE
UPON RELEASE
WILL HAVE A FULL
CIRCLE MOMENT**

BOSS CARD



**CONVICTED FOR
MISSING HALF THE
DECK
SENTENCED TO
WORKING AT A CASINO
FOR 10 YEARS
UPON RELEASE
WILL PLAY GO
FISH**

BOSS SLICK



**CONVICTED FOR
HAVING GREASY HAIR
SENTENCED TO
TEN YEARS WITHOUT
CONDITIONER
UPON RELEASE
WILL START USING
GEL**

BOSS DIGIT



**CONVICTED FOR
IGNORING
SIGNIFICANT DIGITS
SENTENCED TO
MEMORIZING EVERY
DIGIT OF PI
UPON RELEASE
WILL ASK FOR YOUR
DIGITS**

BOSS ROYAL



**CONVICTED FOR
DEMANDING THE
ROYAL TREATMENT
SENTENCED TO
TEN YEARS IN
RAPUNZEL'S TOWER
UPON RELEASE
WILL BECOME
QUEEN**

BOSS SEED



**CONVICTED FOR
GROWING A BAD
CROP
SENTENCED TO
TEN YEARS OF
GARDENING
UPON RELEASE
WILL GROW
ROSES**

BOSS STRIPES



**CONVICTED FOR
WEARING POLKA DOTS
SENTENCED TO
A LIFETIME IN BLACK
AND WHITE STRIPES
UPON RELEASE
WILL EARN THEIR
STRIPES**

BOSS CHESS



**CONVICTED FOR
BEING BAD AT
CHESS
SENTENCED TO
TEN YEARS OF
PLAYING CHESS
UPON RELEASE
WILL WATCH
QUEEN'S GAMBIT**

BOSS FIR



**CONVICTED FOR
BEING THE ROOT OF
YOUR PROBLEMS
SENTENCED TO
BECOMING FIREWOOD
UPON RELEASE
WILL SPRUCE UP
THEIR LOOK**

BOSS DREAM



**CONVICTED FOR
SLEEPING THOUGH
MEETINGS
SENTENCED TO
NO NAPS FOR A
YEAR
UPON RELEASE
WILL WORK AT
SLEEP COUNTRY**

BOSS TAP



**CONVICTED FOR
FORGETTING THEIR
CARD PIN
SENTENCED TO
A LIFETIME WITHOUT
TAP
UPON RELEASE
WILL TRY OUT SWIPE**

BOSS LAKER



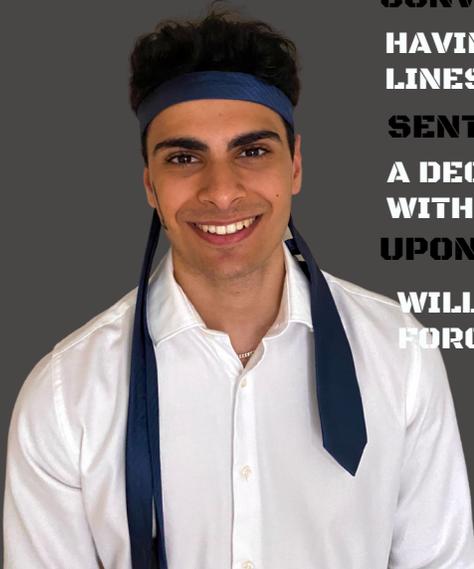
**CONVICTED FOR
NOT BEING ABLE
TO DUNK
SENTENCED TO
1 YEAR ON THE
BENCH
UPON RELEASE
WILL GO FOR 3'S**

BOSS SCARF



**CONVICTED FOR
TOO MANY
ACCESSORIES
SENTENCED TO
30 YEARS OF FASHION
SCHOOL
UPON RELEASE
WILL LEARN HOW TO
KNIT**

BOSS PARADISE



**CONVICTED FOR
HAVING BAD TAN
LINES
SENTENCED TO
A DECADE
WITHOUT SUN
UPON RELEASE
WILL PROBABLY
FORGET AGAIN...**

Meet Your

CLUBS

Bosses

Welcome to Their Club...

BOSS HUT



CONVICTED FOR
MAKING CHEESY
JOKES
SENTENCED TO
TEN YEARS WORKING
AT PIZZA PIZZA
UPON RELEASE
WILL RETURN TO
THEIR PIZZA HUT
EMPIRE

BOSS GATOR



CONVICTED FOR
BEING TOO SNAPPY
SENTENCED TO
5 YEAR BAN FROM
THE SWAMP
UPON RELEASE
WILL MOVE TO
FLORIDA

BOSS BARBER



CONVICTED FOR
TAKING A
SHORTCUT
SENTENCED TO
A LIFETIME OF
LATE CUSTOMERS
UPON RELEASE
WILL SHAVE HAIR
JOKES FOR LATER

BOSS TIN



CONVICTED FOR
BEING HEARTLESS
SENTENCED TO
CHRONIC RUSTING
UPON RELEASE
WILL LEARN HOW TO
LOVE

BOSS SWITCH



CONVICTED FOR
ALWAYS SWITCHING
THE SONG
SENTENCED TO
LIFETIME BAN
FROM BEING ON AUX
UPON RELEASE
WILL EMBRACE
NEW MUSIC
GENRES

BOSS DOUBLE



CONVICTED FOR
LEADING A
DOUBLE LIFE
SENTENCED TO
BEING SINGLE
FOREVER
UPON RELEASE
WILL TRIPLE THEIR
MONEY

BOSS DIP



**CONVICTED FOR
ALWAYS LEAVING
UNEXPECTEDLY
SENTENCED TO
BEING LEASHED
DURING ALL OUTINGS**

**UPON RELEASE
WILL NEVER BE
SEEN AGAIN**

BOSS BOOTS



**CONVICTED FOR
HATING COWBOY
BOOTS
SENTENCED TO
A LIFETIME IN HEELS**

**UPON RELEASE
WILL LEARN HOW TO
LINE DANCE**

BOSS KNIGHT



**CONVICTED FOR
UNPOLISHED
ARMOR
SENTENCED TO
TEN YEARS OF
SHARPENING
SOWRDS
UPON RELEASE
WILL TRY JOUSTING**

BOSS BIRDIE



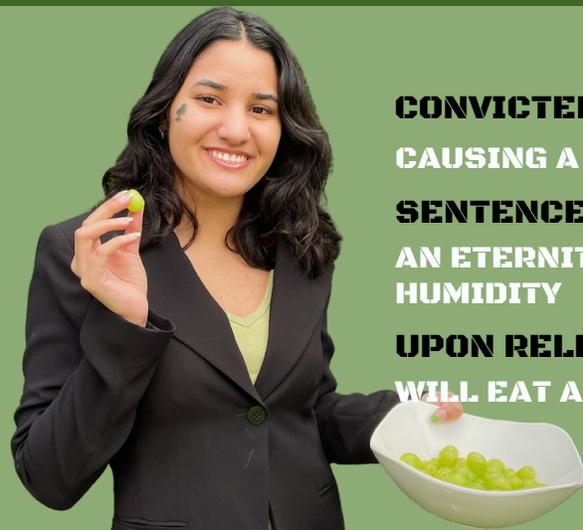
**CONVICTED FOR
CHIRPING OUT OF
TUNE
SENTENCED TO
BEING USED AS A
BADMINTON BIRDIE
UPON RELEASE
WILL FLY AWAY**

BOSS SWIFT



**CONVICTED FOR
SINGING TOO
LOUD
SENTENCED TO
BAD DATING LUCK
UPON RELEASE
WILL GO ON TOUR**

BOSS FLURRY



**CONVICTED FOR
CAUSING A STORM
SENTENCED TO
AN ETERNITY OF
HUMIDITY
UPON RELEASE
WILL EAT A MCFLURRY**

BOSS SPATULA

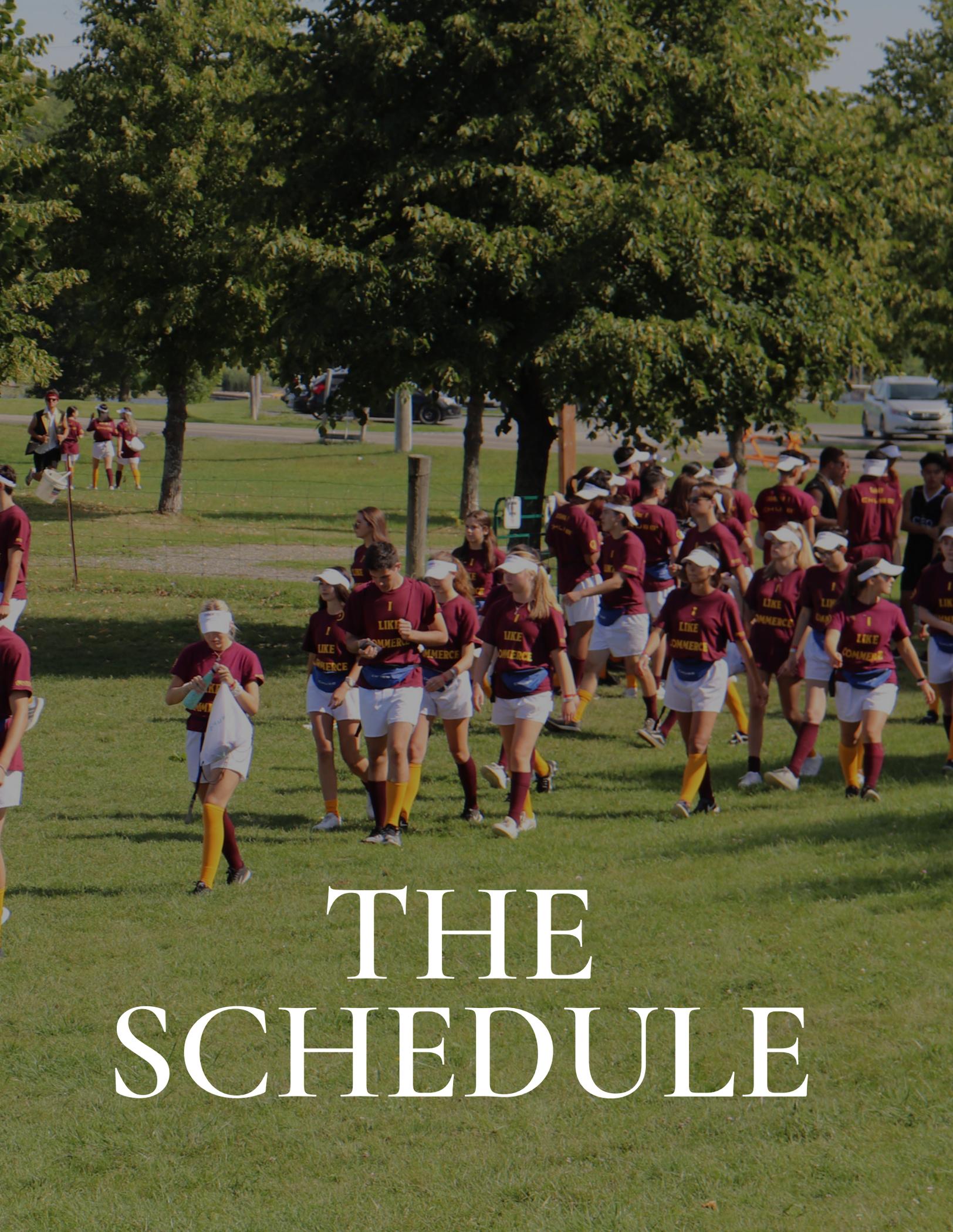
BOSS CLUE



**CONVICTED FOR
FLIPPING OUT
SENTENCED TO
TEN YEARS
WORKING AT IHOP
UPON RELEASE
WILL DESIGN A
KITCHEN SET**



**CONVICTED FOR
ONLY SPEAKING IN
RIDDLES
SENTENCED TO
A LIFE OF
UNSOLVABLE CRIMES
UPON RELEASE
WILL BINGE THE
SHERLOCK HOLMES
SERIES**



THE SCHEDULE



ACCESSIBILITY INFORMATION

Our goal is to make Orientation Week inclusive and accessible for everyone. If you have any questions or concerns about participating in any of the following events, we encourage you to reach out to our team prior to Orientation Week through the confidential "Accessibility Needs/Concerns" Form that can be found on our Smith Commerce Orientation Week website (<https://www.smithcommerceweek.com/>).

All inquiries regarding accessibility will be kept confidential. We also hope that you will feel comfortable notifying your Bosses or any member of the CEO of any concerns you may have at any point during Orientation Week. You can also always reach out to anyone on the CEO via email (orientation@comsoc.queensu.ca).

For support, please email CEO's EDII Director, Yi Lian, at yi.lian@queensu.ca

DAY ONE

*Sunday, September 4th, 2022
It all begins...*

2:00 PM - 4:30 PM EST: THE WelCOMMing & Emerging
Location: Mackintosh-Corry Hall Courtyard, ARC Gym 3, and Goodes Hall Front Lawn

WelCOMM to the first event of Orientation Week! You will hear from the CEO and plenty of Commerce leaders to give you the lay of the land. We will also be introducing you to a very special guest!

5:00 PM - 6:30 PM EST: COMMpus Tour
Location: Goodes Hall and Queen's Main Campus

Get to know your home for the next four years. Your Bosses will show you the ins and outs of Goodes Hall and essential locations around Queen's main campus.

8:00 PM - 11:30 PM EST: Commapalooza
Location: Kingston Grand Theatre

You do not want to miss this incredible night event! These special guests will be kept a secret, so join the session and find out what we have in store for you. We are confident this will be night to remember.

DAY TWO

Monday, September 5th, 2022

8:30 AM - 11:30 AM EST: Coverall Painting

Location: MacDonald Park

There is no better way to kick off our second day of events than with the long-standing tradition of Coverall Painting! Each student will have an opportunity to decorate their own pair of coveralls using the classic Queen's tri-colour (red, yellow, blue). Don't fret - if you are not planning to purchase Coveralls, you may decorate another item of clothing!

1:00 PM - 6:00 PM EST: COMM Fair

Location: Goodes Hall and Nixon Field

The COMM Fair consists of two rotations: fun and games on Nixon Field and a club fair in Goodes Hall. Enjoy some time outdoors and discover all that Commerce has to offer—you will learn about all the ways you can get involved during your time at Smith. This is an incredible opportunity to network with club co-chairs and representatives from sponsors!

10:00 PM - 11:30 PM EST: COMM Chill

Location: Goodes Hall

End off the day relaxing with your peers—hang out with your syndicate and mingle with others, meet as many Bosses possible, and share some conversations with the CEO!

DAY THREE

Saturday, September 10th, 2022

9:00 AM - 11:00 AM EST: Commerce Crash Course

Location: ARC Main Gym and Mackintosh-Corry Hall

Welcome to the third day of Orientation Week! The Commerce Crash Course is exactly what it sounds like—learn more about academics at Smith through a speaker panel, Q&A session, and syndicate breakout session.

11:15 AM - 12:45 PM EST: Lunch With Faculty

Location: Lower and Middle Summerhill

Enjoy a delicious meal at one of Queen's most historic and beautiful sites and meet your future professors!

1:00 PM - 2:00 PM EST: ASUS Sidewalk Sale

Location: University Ave.

Hosted by the Arts and Sciences Faculty, hundreds of booths will be set up on University Ave. selling everything from dorm room essentials to our favourite local Kingston eats.

5:45 PM - 11:30 PM EST: Red Carpet and Godfather Gala

Location: Goodes Hall Front Lawn and Zorba's Banquet Facility

Have your paparazzi moment with a photoshoot outside Goodes Hall, enjoy a sit-down meal with your peers, and dance the night away! It's basically the Met Gala of Commerce... be there.

DAY FOUR

*Sunday, September 11th, 2022
It was Goodes to meet you!*

10:15 AM - 3:45 PM EST: Boat Cruise and Food Truck Lunch

Location: Outside of Grant Hall, Boat Cruise Dock, and MacDonald Park

Enjoy a beautiful boat cruise along the stunning Lake Ontario with your peers and forever friends. Upon return to land, you'll be directed to MacDonald Park where you'll be greeted by the delightful scent of food and upper-year Commerce students!

4:15 PM - 5:00 PM EST: COMM Down

Location: ARC Main Gym

Hear from special guest speakers, reflect on all the amazing memories you've made, and be proud to join the Smith family. This final event is the cherry on top of an unforgettable week!

The CEO and your Bosses will contact you closer to Orientation Week with additional event details.

THE COMMERCE CHEERS

These cheers are key to showing your Commie pride. Understand that cheers are about building pride - not bringing down others. Know these by heart. When the time comes, let your pride be known.

What's the best Queen's faculty?
Commerce! Commerce!
B'COMM is the best degree, You
wish you were me! (HEY)
You wish you were me! (HEY)
B'COMM is the best degree, You
wish you were me!

Smith what?
Smith Commerce!
Commerce what?
Commerce rules!
Rules what?
Rules Smith

C-O-M-M-I-E-S
(C-O-M-M-I-E-S).
Commies, Commies we're the
best
(Commies, Commies we're the
best.)
We got spirit we got love
(We got spirit we got love.)
We're a gift from up above
(We're a gift from up above)
COMMERCE (COMMERCE).
COMMERCE (COMMERCE).

C-O-M-M better than
the rest of them!
C-O-M-M better than
the rest of them!

COMM'26
COMM'26
We're the year you can't
resist!
COMM'26
COMM'26
We're the year you can't
resist!

THE COMMERCE OATH

Soon enough, you will be called upon by Head Boss to prove your loyalty to the Smith Commerce family. Those who possess the underlying allegiance to Head Boss will be able to recite the following from memory:

I vow to...

remain loyal to Head Boss, respect my Bosses, and be an exceptional representative of the Smith Commerce program. I will work hard to embody what it means to be a "Commie" and enter the Smith Commerce Family.

Know the above by heart and you will be rewarded.

Remember, Head Boss has extremely high expectations.

The Commerce Executive on Orientation is excited to introduce the following sponsors who have generously partnered with us. Without them, this week would not be possible.

Thank you to all who have supported us along the way!

Thank you to our sponsors

CHUBB®

 **Smith**
COMMERCE SOCIETY
SMITH SCHOOL OF BUSINESS

CREO
■ SOLUTIONS

**EY**

 **FRANK MAINE
DATA
INNOVATION
INITIATIVE**

felix

 **CPA** CHARTERED
PROFESSIONAL
ACCOUNTANTS
ONTARIO

 **RBC®**

THE UNIVERSITY TRANSITION

How are you feeling? Excited and eager to start your journey at Smith? Curious about the jump from high school? Immense anticipation for freedom and independence? Feeling some nervous butterflies in your stomach?

Everyone reacts differently to their University transition and it is normal to find the transition nerve-racking. Rest assured that we are here to help you and work to ensure that your University experience is the best possible.

INCREASED FREEDOM AND INDEPENDENCE

You are the captain now and can steer your ship in whichever direction you please. You can do what you want, when you want... the only caveat is that you have no one to steer your ship away from icebergs! Thus, you must make adult decisions about managing your academic and social life. With some good time management, you will have no difficulties balancing the two. We recommend writing down your daily plans on a calendar and dedicating periods for school and play. Make sure to stay on top of your classes and don't fall behind!

NAVIGATING NEW EXPERIENCES

Not to be a cliché, but you will find yourself in a whole new world. Don't worry if you get lost in Goodes, can't find a building, or don't know someone's name—everyone is or has felt the same. Luckily, Queen's students are super friendly, so do not hesitate to ask a peer for help or start up a conversation. Upper-Years can be leaned on as a great resource—you can message anyone via social media/email and ask for a coffee chat! Be sure to talk to the Bosses and start meeting some of the many interesting faces in this awesome program.

MISTAKES ARE OKAY

Don't put too much pressure on yourself—you and 544 other bright minds are on this journey together. Don't sweat little hiccups, own up to any mistakes and learn from them... that's part of growing up. You come to Queen's with a clean slate—who you want to be and how you determine to fill this slate is up to you. Be true to yourself.

HUGE WELCOME TO INTERNATIONAL STUDENTS

We are thrilled that you chose to study abroad at Queen's in the Commerce program! We strongly encourage students studying abroad to get involved with ComSoc and join different clubs! This is a great way to meet different students and immerse yourself in the program's student life. To ease your transition into the program and university, here are some resources that you can check out:

QUEEN'S UNIVERSITY INTERNATIONAL CENTRE (QUIC)

The QUIC is a support service for all members of the Queen's community and, through its activities, promotes an internationally-informed and cross-culturally sensitive learning environment. They offer numerous resources that can support you through your journey at Queen's.

The QUIC also offers an Orientation program, which entails a number of sessions to prepare International Students to start their studies at Queen's and in Canada. Visit their website to learn more: <https://quic.queensu.ca>

COMMERCE SOCIETY INTERNATIONAL STUDENT RELATIONS OFFICERS (ISROS)

The ComSoc ISRO's work to foster a sense of community within the International Student body, and advocate to the Commerce Society in order to redress the gaps between the Domestic and International Student experience. Feel free to reach out to the 2022-2023 ISRO's, Yash Fatehpuria (y18yf38@queensu.ca) and Canny Wang (canny.wang@queensu.ca), with any questions/concerns.

INTERNATIONAL ACADEMIC ADVISOR

Commerce Academic Advisors can help students with timetable issues, course selection, and degree requirements, among others. Amr Hosny (he/him) (amr.hosny@queensu.ca) is the International Academic Advisor, offering support for International Students. Feel free to book an appointment through the Commerce portal and/or email him with any questions.

INTERNATIONAL STUDENT WELCOME PACKAGE

Keep an eye out for an email with an International Student Welcome Package, designed to be your go-to guide encompassing all the information to steer your student experience. It outlines resources, support systems, and opportunities to make sure that you are well-equipped with the knowledge imperative to your triumph.

YOUR BOSSES KNOW BEST

Us Commerce students know that knowledge is gained through experience. Which is why upper-year students, AKA your Bosses, are one of the most valuable resources to have.



Through the years, we've turned to Bosses to provide information and advice that will ensure everyone can make the most out of their Smith journey. Consider these next few pages as a handy tool that will help you navigate your transition into the Commerce program and Queen's community.



Remember, your Bosses are always rooting for you and their mentorship goes far beyond Orientation Week. Don't hesitate to reach out to any Bosses or CEO members—we can't wait to watch you grow into future business leaders!

SMITH COMMERCE TIPS & TRICKS

RESEARCH POOL:

Participating in the research pool can boost one of your course grades per semester. Check course outlines to see if they are eligible for the research pool and visit the research pool portal for details and deadlines.

TEXTBOOKS:

Wait until your professor discusses the syllabus in class before you buy your textbooks. Sometimes professors will suggest an online version. Reach out to upper-year students to buy your books for cheaper—but be careful that you are getting the right edition!

MICROSOFT OFFICE:

As a Queen's student, you are entitled to a copy of Microsoft Office. Download it online, head to tech support in the basement of Goodes, or contact smithsupport@queensu.ca for help downloading.

TUTORIALS:

All tutorials in Commerce are optional, but they are highly recommended. TAs are knowledgeable and these sessions also often provide you with one-on-one help, if needed.

BRAINTRUST:

A great student-run tutoring resource if you're ever struggling in quantitative specific classes. All tutors are upper-year students—you can sign up to be a tutee at the beginning of every semester!

EVENTS AND CONFERENCES:

Attending conferences as well as Commerce events is an awesome way to meet upper-years and make new friends. This is also a great way to get involved without over-committing yourself!

GETTING INVOLVED:

Applying for first-year representative positions is a great way to be involved. However, there are many other ways to get involved if you are not hired as a first-year rep. For example, look at Queen's groups and get involved outside of Commerce.

QUEEN'S EMAIL:

Make sure to check this regularly as this is where you receive important information. It also has a database of all Commerce students and professors.

PRINTING PLAN:

Load your student card with Tricolour cash that can be used for printing at Goodes Hall and in Queen's Libraries.

LEARN THE LINGO!

COGRO

The Common Ground Coffee House arguably has the best sandwiches and bagels on campus. Unfortunately, it is not covered by your meal plan, but it is a great place to study. They also hire students for part-time jobs.

COMSOC

The short form for Commerce Society. Make sure to check the ComSoc website often to stay up to date with everything going on in Commerce. (Visit the website: <https://comsoc.ca>)

THE PORTAL

The Commerce portal will soon become your most checked website. This is where you will find all your class information, and your professors will upload class slides, grades, and other important information.

<https://smithlearning.ca/d2l/home/8094>

THE ARC

The ARC, aka the 'Athletics and Recreations Center', is where you will find the gym. In addition, there are many food outlets where you can use your meal plan to grab a bite on campus.

AMS

The AMS is the Alma Mater Society and is the oldest and largest student government society in Canada, and is for all Queen's faculties. The main office can be found in the JDUC. <https://myams.org>

BREAKOUT ROOMS

Breakout rooms will soon become the place to study and meet in groups in Goodes Hall. You can book a breakout room a week in advance for up to two hours per day for group meetings and study sessions.

TECH SUPPORT

This is one of the best Commerce resources. Located in the basement of Goodes Hall (SmithSupport@queensu.ca), they will help you with any computer problems you may have. You can also rent cameras and tripods from them (for free!)

THE COMMONS

This is the area located directly beside the Goodes Starbucks. It is a great spot to meet up with friends or do some readings between classes.

THE STUDENT COMPUTING CENTRE

AKA the TECHPLEX. It is located in the basement of Goodes Hall and will fulfill all your printing needs. They play great music, and it makes for a great study spot.

ASSEMBLY

Assembly is the governing body of ComSoc. They oversee all the activities and operations of the society.

TRUST THAT YOU BELONG

Entering one of the top business programs in Canada may feel daunting. It can be hard to stop comparing yourself to your classmates in terms of academics, internships, extracurriculars, and social life. Some of you will walk into this program focused in on exactly what you want to do, while others may still be finding their way. Don't let initial uncertainty create stress or be viewed as a weakness. Too much of first-year is spent stressing on what you are going to do with your life instead of enjoying the freedom of being able to explore anything and everything. Even if you do have your mind set on a particular field, we encourage you to nonetheless give something new a chance. Remember that this is a highly customizable program, and everyone who goes through it needs to find their own balance and own successes.

Your peers' successes are not your failures. One of the amazing parts of university is building a network of like-minded and incredibly smart individuals. So next time you feel yourself comparing your own merits to others, remember that having your peers achieve their goals is something to celebrate. University is meant for you to learn about your interests, ask questions, and explore every opportunity that presents itself. The person you were at the end of high school will not be the person you are even one year later!

TRUST THAT YOU BELONG

Academic Pressure

You may have breezed through your academics in high school, but university academics may be different. Getting marks in the 90s may not be realistically achievable in some classes, and that's ok. Finding the right balance is key, especially since the habits you build in first year will help you succeed in upper years. We recommend choosing a few things to focus on in your first year—this could be high marks, building friendships, or even learning how to live on your own! First year, as is all years, is a learning experience, so remember to be kind to yourself.



That being said, make sure to always take advantage of the resources provided. In each of your classes, you will have TAs, office hours, and/or tutorials to help you better understand the content. Additionally, if you are struggling, try reaching out for extra help, as being proactive about your grades always comes in handy! Lastly, around exam season look out for Comm Advantage sessions for a fee or a free resource like the Queen's exam bank.

TRUST THAT YOU BELONG

Job Pressure

By second semester, summer internships may be all anyone can talk about. Seeing your peers land amazing internships may make you feel nervous about your summer employment. However, in first year, there is absolutely no pressure to get an internship! Working your high school job or taking the summer to travel will give you good experiences too, so don't sweat it! Many first-year internships may be internships, but they are not designed to challenge you like the internships in upper years. For example, our very own BOSS Lego decided to spend his summer in Banff working at a golf course. Even less intellectually challenging jobs offer great learning opportunities. So, instead of sweating about your job title, focus on the challenge and growth you want to achieve.



If an internship is something you seek, Smith has a lot of resources to help navigate your first recruiting cycle. The Career Advancement Centre (CAC) has loads of information on cover letters, resumes, and interviews, and you can even book one-on-one sessions with Smith's career coaches. You can find job and scholarship opportunities on Quest, LinkedIn, and other sites, so remember to keep active on job portals. If you land your dream job, congratulations! Just remember to stay humble and don't make others feel like internships are the best and only option.

TRUST THAT YOU BELONG

First-Year Rep Hiring

Some of your Bosses were first-year reps, but most of us weren't. Rejection can be hard to take, but remember that there are only a few positions and over 500 of you. Instead of applying to as many as you can, or to the clubs you think are the most prestigious, focus on a few that actually interest you. Your passion and shared interests will shine through, and you will have a better shot at being chosen. This will also ensure you don't get too overwhelmed during First-Year Hiring. Even if you don't get the position(s) you applied to, don't worry!

The interviews you do will help you a lot in the long run. The questions you will face are designed to make you talk about your interests, who you are, and what your purpose is. These questions are extremely popular in today's recruitment cycles, so use these as practice. Furthermore, there will always be more opportunities to interact with ComSoc clubs. Many industry-focused executives have wonderful membership programs that provide fantastic learning and networking opportunities. On top of that, ComSoc executives put on a plethora of conferences and competitions throughout the year that span any industry you can think of. Remember, executives hire many more people during the March Hiring cycle, and Co-Chairs always remember those who participated in their events! So, we highly recommend you participate in any events, conferences, or programs that interest you (even if they rejected you during First-Year Hiring).

Also, keep in mind that there is a whole other world of AMS clubs! And remember that, at the end of the day, joining any executive is a commitment and will add to your workload—only join an organization if you're truly passionate about it!

With all that being said, we still want to provide you with tools to excel in any hiring process—keep reading to learn some of our favourite interview and networking tips!

INTERVIEW TIPS

DO YOUR RESEARCH

A great way to stand out in interviews is getting to know the organization you are interviewing for. Understanding an organization's culture and values will show an interviewer that you are eager to be part of it and help you explain why you would be a good fit. This step is also valuable for you to ensure the position aligns with your beliefs and working habits.

KNOW YOURSELF

Before any interview, it is important to reflect on why you want this position. Some variation of "why do you want this position" should always be expected. Having 3-4 experiences that you think best exemplify your relevant skills will make you more confident when answering questions.

TELL A STORY

Most interviews involve a "behavioural" portion where you will be asked to describe past performance and behaviours. The inevitable "tell me about yourself" question is one of the simplest, yet most difficult, questions to answer. This is the perfect time to tell your story and what makes you unique. Be sure to reflect on your past experiences and share what you have learned from them, which will help the organization see how you'll apply your skills.

TAKE A DEEP BREATH

You don't have to rush into giving the "perfect" answer or telling the interviewer what you think they want to hear. Reflect on the question, take a moment to gather your thoughts, and remind yourself that no matter the outcome, every interview is an opportunity to learn. This will help you feel less nervous and even more ready to impress your interviewer!

NETWORKING TIPS

LEVERAGE THE SMITH COMMUNITY

As part of the Smith Commerce Program, you are already part of a network of likeminded students.

Most people in the program are also looking to expand their network, so don't be afraid to reach out. In addition, many alumni continue to have a strong connection with our community and are usually willing to chat with current students.

CREATE A LINKEDIN PROFILE

LinkedIn is a great platform to build your network and professional brand. It is a really easy way to create new connections and stay up to date on their professional development. It is also a great resource for job searching and for recruiters to find you.



BOOK COFFEE CHATS

Coffee chats are informational meetings with an experienced individual to learn more about them, their career path, their organization, their industry, and more. These conversations often last 15-30 minutes and are a great way to meet new people and learn about various industries. Don't hesitate to reach out to people as they are often more than happy to connect. Check out the next page for some Coffee Chat tips!



FIND YOUR BALANCE

Remember that most of the people you reach out to were in your shoes not so long ago. While it is important to be professional and respect the person's time, it does not mean you have to be overly formal with them. It often helps to start off a chat with some casual small talk or get to know the person beyond their professional achievements.

COFFEE CHAT TIPS

Coffee chats are a great way to get to know more students and can be a useful tool to learn more about an organization you would like to become part of. Although it seems simple, they can be awkward if approached incorrectly. Here are some useful tips for effective and engaging coffee chats:

- *Don't hesitate to reach out!* People love talking about themselves, so most upper-years or alumni will be happy to chat with you. Just let them know you would be happy to chat at a time that works best for them.
- *Do your research.* Scroll through their LinkedIn profile before meeting—this will give you a rough idea of who you are talking to.
- *Before talking about jobs/applications, make sure you get to know the person—*ask questions about their interests, hobbies, or things you have in common. A good segue into talking about their current position is to ask how they got to where they are.
- *Treat it as a conversation, not an interview!* This can be hard to do, but you'll get better with practice. Come prepared with questions, but let the conversation flow naturally and ask follow-ups.
- *Make your questions personal—*try not to ask questions that are easily searchable. If you ask good, specific questions, you will leave a strong, lasting impression.
- *Follow up with the connections you build every couple of months.* This will help you create strong relationships and a diverse network. As well, remember to thank the individual for their time no more than 24 hours after you spoke with them.
- *If the chat went well, it is completely fine to ask them to introduce you to someone else within the organization you may want to speak to.*
- People often try to network or coffee chat solely before hiring periods. *However, it is a great idea to try to reach out to people during other periods of the year.* This can help you build strong and genuine relationships well in advance of application season!
- *Don't sweat it if a chat did not go well.* Everyone has had a bad coffee chat before and it is not a big deal at all. Chances are it went a lot better than you think!

MEET THE COMSOC TALENT STRATEGY TEAM!

The Talent Strategy Team is responsible for all things HR within ComSoc, including organizing the First-Year and March Hiring cycles, providing resources to students interested in becoming more involved, and supporting Co-Chairs, among many others. We encourage you to reach out to them if you have any questions about First-Year Hiring and/or ComSoc executives!



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Emorie Anderson (She/Her)]
Talent Strategy Coordinator
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MAKE THE MOST OF FIRST YEAR!

Develop a Routine

In your new environment, it can be too easy to fall into a routine of staying up late and sleeping in until noon. Although we all love a nice midday wake-up, it will surprise you how much you can accomplish when you start your day earlier. By making an effort to be productive in the morning, you will have so much more time to do relaxing and fun activities. Having a few 8:30 AM classes may seem like a nightmare, but they can really be a blessing in disguise—there's no better feeling than getting everything done by 5 PM! Prioritizing earlier wake-ups will optimize your first-year experience, so set those alarms! Also, remember to keep active and get outside! During busy school periods, it can be hard to get away from your desk and laptop. Countless studies have shown that outdoor time and physical activity have strong correlations with productivity and overall happiness. Incorporating a simple 20-minute walk into your daily routine can make all the difference!



Get Involved!

As you will come to know, Queen's has countless opportunities for students to get involved in extracurriculars. Clubs, intramurals, and interest groups are some of the best ways to meet like-minded people and build your personal network! As a Smith student, you will get the unique opportunity to apply for ComSoc Clubs. Although it may seem intimidating, applying for clubs really is a win-win situation, as you will develop invaluable application and interview skills regardless of the result. However, don't forget about the world of AMS clubs! Outside of Commie life, intramural activities and interest groups are also amazing ways to get involved and make Queen's feel like home. Whether you have a group to participate with or are riding solo, these activities create space for everyone to relax, enjoy themselves, and meet new people! Stay tuned for club hiring and activity sign-ups!

GUIDE TO FIRST-YEAR CLASSES

COMM 101 - Intro to Commerce

This course provides you with the knowledge, skills, and competencies critical to success in the Commerce program. You will learn to work effectively and efficiently as individuals and with others on leadership and collaboration skills and behaviours. You will also develop an understanding of the fundamental elements of the modern enterprise and the role of the manager.

Tip: Stay on top of your work - this course has two group projects that rely on everyone's understanding of the material.

COMM 111 - Financial Accounting

This course will help you understand how the various elements of a financial statement are prepared as well as how to use them to analyze the strength of a business.

Tip: This course moves fast so don't fall behind! If you're struggling in the first few weeks, go to office hours, reach out to your TA's, and refer to the prep content on the onboarding portal as it will give you a solid foundation for the rest of the course.

COMM 112 - Managerial Accounting

This course will give you a better understanding of how businesses use the data they collect to inform their decisions.

Tip: Do the practice questions before the exams as that's the best way to learn and understand.

COMM 171/172 - Principles of Economics for Business and Managerial Economics

This course explains the basic concepts of micro and macro economics. You will learn how economies work and function.

Tip: If you learn the theory for this course, numerical problems will take care of themselves.

COMM 151 - Organizational Behaviour (OB)

OB focuses on how people within organizations interact and how managing and investing in these interactions can improve all aspects of the organization.

Tip: As you learn the theory, try to connect it to real life situations to gain a better understanding and properly apply the concepts. Do the readings and take notes as you go—the majority of the assessments are essays that require an understanding of the material. You will spend a lot less time and effort doing the deliverables if you put in the work beforehand!

COMM 161 - Calculus

This course includes derivatives, integrals, linear algebra and a basic introduction to probability.

Tip: Do as many practice questions as possible and refer to the prep content on the onboarding portal. The questions will get easier with practice. Go to tutorials—they help solve the harder questions. COMMAdvantage and BrainTrust also run great review sessions during exam periods

COMM 162 - Managerial Statistics

An introduction to statistics where you learn how to create and analyze different types of data

Tip: This course is so much easier if you take the time to get comfortable with excel. Knowing excel tips and tricks will save you so much time in the long run.

Electives

You will also take 6.0 units of non-Commerce electives in first year that you can apply to an Arts & Science minor at the end of first year if you are interested. Contact an Academic Advisor for more information.

GET TO KNOW KINGSTON!

FOOD

Take the afternoon off and go shopping to explore all the stores on Princess. Or, if you need a new study corner, head over to Crave. Later in the night, grab a few friends and check out different restaurants in Kingston like Score or Atomica Pizza.

Fun Fact: Did you know that Kingston has more restaurants per capita than any other city in Canada?

ENJOYING THE OUTDOORS

As a university student, it is important to take time off every day and do some sort of physical activity to help you relieve stress from studying. Grab a few friends and head to the pier! The pier is also a great place to play some spikeball, soccer, volleyball, or football. Whether you're an early riser or night owl, nothing beats watching the sunrise/sunset at the pier. Another thing to do during sunrise/sunset is to take a walk along Rock Dunder trails or the K&P trail along the waterfront. If you miss organized sports and want to have some fun, make sure to sign up for intramurals—either as part of a team or as a free agent.

OTHER

When you have more free time, check out Wolfe Island by getting on a ferry! If you and some friends are looking for something more exciting to do, try an escape room or sign up to go for a haunted walk. These are great ways to have some fun while also supporting local businesses! When you get to Queen's in the fall, it's a great chance to go apple-picking or go watch some hockey games at Leon's Centre.

Fun Fact: Did you know that Kingston was the original Capital City of Canada?

ON-CAMPUS FOOD GUIDE

Location 21 (Loco)

Location: First floor of Smith Building

Description: A cute food building at the bottom left corner of your map. Convenient for people who live in Smith residence, but not far main campus residences. The only place on campus where you can customize a salad/sandwich and likely the most vegetarian-friendly place on campus.

Payment type: TAMS

Best meal: Build your own salad with falafel, parmesan, cucumbers, chickpeas, corn, croutons and caesar dressing.

Meal hack: You can get a half soup/small side salad with most grill meals!

West

Location: Jean Royce Residence Building (20 minutes west of main)

Description: All you can eat buffet dining experience serving breakfast, lunch, and dinner

Payment Type: Meal swipe

Best meal: Tatchos - tater tots topped with cheddar cheese, salsa, chicken, and blue cheese .

Meal hack: Ask for your sandwich to be toasted before putting toppings on it!

Lenny

Location: Basement of Leonard Hall (Lenny) residence

Description: The best place on campus to get to know people over dinner. Grab a few friends and head to Lenny for the most magical meal of your life. All you can eat breakfast, lunch, dinner and dessert. Complete with an egg station (breakfast only) and pizza/salad/sandwich bar (lunch and dinner only). Open 7:30am for all you early birds.

Payment type: Meal Swipe

Best meal: Souvlaki

Meal hack: Keep an eye on the calendars they post in dining hall. There are special days where they might have ice cream, an iced coffee station, popcorn, guest chefs and more for special occasions.

Lazy

Location: Basement of Vic Hall

Description: A retail food store open until 1am that you can use a TAM on. They have a mexican station, sandwich station, and a grill with all-day breakfast.

Payment type: TAMS

Best meal: Lazy breakfast at midnight (2 eggs, bacon/peameal/sausage and potatoes)

Meal hack: Sub your TAM drink for a chocolate milk for free with your breakfast!

Late Night Barista

Location: Jean Royce Residence Building (20 minutes west of main)

Description: Food outlet open between regular working hours of West dining hall

Payment Type: TAM

Best meal: Cheese Burger or Crispy Chicken Sandwich at 11 pm

Meal hack: Ask for seasoning salt on fries!

Ban Righ

Location: Inside Ban Righ Residence

Description: Dining hall with an all you can eat dining experience with a BYO Sandwich station, slightly less busy than Lenny, not open on weekends
Payment Type: Meal Swipe

Best meal: Build your own sandwich with turkey, swiss, mayo, lettuce, tomato, green pepper.

Meal hack: Heat up your cookies in the toaster for a warm treat!

WHAT IS A MEAL SWIPE?

A meal swipe is a meal that you redeem with your student card at any dining hall: Leonard Hall dining, Ban Righ Hall dining or Jean-Royce Hall dining. But be careful - you can only use 19 swipes per week. We would suggest sleeping in on weekends and having brunch and dinner only.

WHAT IS A TAM?

A TAM is a "Trade-A-Meal" to be used at any retail location that is not a dining hall: Loco, Lazy, Wally's, Late Night Barista, Starbucks, Pita Pit, Tim Hortons, Pizza Pizza, Booster Juice (all on-campus only). You have 200 TAMs at the beginning of the year. These are also redeemed with student cards. A note of warning: these still count as meal swipes, meaning they go towards your 19 swipes per week.

WHAT ARE FLEX DOLLARS?

Flex Dollars are like a debit account on your student card. They don't count towards your 19 meals per week and can be used at any of the retail locations where you can use TAMs, plus Cogro which is upstairs at the ARC.

CAN I EAT 19 DINING HALL MEALS AND 2 TAM MEALS PER WEEK?

No.

DO TAMs TRANSFER OVER TO 2nd-4th YEARS?

No.

DO FLEX DOLLARS TRANSFER OVER TO 2nd-4th YEARS?

Yes.

CAN I STILL EAT IF I LOSE MY STUDENT CARD?

In the first month or so, yes with your student number. Beyond that everyone has their student card finalized and you cannot redeem meals without your card.

ACADEMIC INTEGRITY

Being accepted to Smith Commerce means you are the crème of the crop. You are some of the brightest minds that will help shape a better future. Thus, you are held to a high standard. It is important at Smith that you are aware of the rules, so you do not intentionally or unintentionally depart from academic integrity.

Violations of academic integrity are any attempt to gain an unfair advantage over others. While only a small portion are premeditated, most departures of academic integrity are spontaneous and out of desperation. If you have any concern that your actions could be wrong, they're wrong, and you should not proceed with your course of action. It is critical to be self-aware of your own limitations and seek help if struggling mentally, physically and/or academically. The commerce program has many support systems in place to help if you are feeling overwhelmed. Your instructors want to hear your own thoughts, truly see how much you understand the course, and apply concepts appropriately. Below are some examples of Academic Integrity to avoid:

Copying & pasting

- a web article and claiming it as your own (CHEGG included)
- a friend's individual or group assignment
- a prewritten template answer
- even your own previous work

Sharing answers with friends (during and after the assessment)

- your assessments should be kept private throughout your time at Smith; sharing your work with friends is a violation
- avoid sharing ideas and/or working together with outside members; instructors will clearly inform you if you are allowed to work in a team
- team ideas must stay within the group and are not allowed to be shared with other groups

Using prohibited materials during assessments, such as

- notes, the internet, or friends
- if you are ever unsure, ask your Professor if a material is allowed during an assessment

Remember to act with integrity at all times. You are not only jeopardizing yourself, but also the reputation of the Smith School of Business.

If you do receive a notice of investigation, and know you are guilty, don't deny it! Nobody is perfect and even the best of us make mistakes. Learn from the experience and bring a positive outcome from it. Your instructors might respect an honest self-reflection and will appreciate you taking ownership of your actions. Cooperating with your instructors throughout the process will go a long way and will even be taken into account when sanctioning.

At the beginning of each semester, ask your Professors the following questions about course parameters:

1. What (if any) outside resources are acceptable to use and when?
2. Is group work ever allowed? If so, what's the line between collaboration and misconduct?



COMMERCE-SPECIFIC RESOURCES AND SUPPORT

Starting first year university is a difficult transition, and we are here to help and make your university experience the best possible. If you are having trouble adjusting, there are people to help you along the way.

THE COMMERCE OFFICE

The Commerce Office (commerce@queensu.ca) is located on the main floor of Goodes Hall (Room 130). They are there to provide any type of assistance including academic and non-academic support. The Academic Advisors are available in the Commerce Office to answer any questions you have. Follow @SmithCommerce on Instagram!

THE CAREER ADVANCEMENT CENTRE (CAC)

The CAC is there to help you with everything job-related and more! Located in Room 244 of Goodes Hall, they provide career coaching, mock interviews, and resume help. You can access the CAC through Quest or by visiting their office in Goodes.

PROFESSORS & FACULTY

If you are ever struggling with a course or need accommodations, do not hesitate to reach out to your professors. They want you to succeed and are more than happy to help.

ACADEMIC CONSIDERATION AND ACCOMMODATION SUPPORT COORDINATOR

If you need any academic consideration or support, please contact: commerce.aacc@queensu.ca

SMITH COMMERCE SOCIETY (COMSOC)

Upon launching their EDII Action Plan, ComSoc has made tremendous strides to provide first-year mentorship, equity framework toolkits, reconciliation toolkits, and instituted advocacy positions (Academic Officers, Ombudsperson, Equity, Diversity, and Inclusion Officers) to provide confidential, non-judgemental, and empathetic peer-based support and serve as an additional layer of support services alongside the University. The positions offer support and guidance on any club-related concerns. Additionally, they can be a relatable outlet for students seeking a peer for comfort and guidance in any aspect of navigating EDII.

PERSONAL COUNSELLING SERVICES

The Commerce program provides a full-time personal counsellor. This is completely confidential and free of charge. Appointments can be made through the Commerce portal or in the Commerce Office. You can also receive counselling support through the counselling office located in Mitchell Hall.

INDIGENOUS RECRUITMENT AND INITIATIVES COORDINATOR

Located in Goodes, Ann Deer provides support and guidance for Indigenous students in the Smith Commerce Program. Ann offers 1-on-1 support for Indigenous students on community connections, professional Indigenous business network building, Indigenous culture connection, safe space to talk, finding resources, Indigenous Bursaries, and Indigenous job postings (in collaboration with the CAC). Ann also meets 1-on-1 with other Commerce students to talk confidentially about Indigenous issues on campus, in class, and how to support one another in building a safe space. She provides culturally appropriate teaching for student(s) to understand Indigenousization of space that they can carry with them into their professional career

EMPOWERME

EmpowerMe offers Equity, Diversity, and Inclusivity sensitive service. Students can request culture, race, religion, and gender identity/sexual orientation specific support.

<https://www.queensu.ca/studentwellness/empowerme>

CAMPUS-WIDE RESOURCES AND SUPPORT

QUEEN'S UNIVERSITY INTERNATIONAL CENTRE

This Centre promotes an internationally informed and cross-culturally sensitive learning environment. You can visit the Centre in Mitchell Hall (2nd floor).
<https://quic.queensu.ca>

THE SEXUAL HEALTH RESOURCE CENTRE

This is a confidential, non-judgmental, resource and information centre regarding sex, sexuality, and sexual health. It is located in the JDUC in Room 223.
<http://shrckingston.org>

QUEEN'S STUDENT ACCESSIBILITY SERVICES (QSAS)

Queen's University strives to ensure that programs are accessible to students with disabilities. QSAS is located in Mitchell Hall and focuses on student advocacy, support, and academic accommodations.
<https://www.queensu.ca/studentwellness/accessibility-services>

AMS PEER SUPPORT CENTRE (PSC)

The PSC is located in Room 034 in the JDUC, and is comprised of a dedicated group of trained volunteers who offer social and personal peer-based support.
<http://amspeersupport.com>

SAFE WALK AND AMS WALK HOME

These are escorted walking services so that you can feel more comfortable and safe getting around campus and the Kingston Community. You can also download SeQure, a mobile safety app for Queen's students that provides quick access to campus security resources, including the emergency line. Call 613-533-6080 for Safe Walk and 613-533-WALK (9255) for AMS Walk Home.

SAFE RETURN TO CAMPUS WEBSITE

On this website you will find the most up-to-date information on how Queen's is working in partnership with public health authorities to facilitate a safe, supported, and collaborative return to campus.
<https://www.queensu.ca/safereturn/>

STUDENT WELLNESS SERVICES

This is available to all Queen's students and provides supports such as personal counselling, medical appointments, and accessibility counselling.
<http://queensu.ca/studentwellness/>

STUDENT ACADEMIC SUCCESS SERVICES (SASS)

SASS provides a variety of academic supports both in-person and virtually, including workshops on study techniques, seminars, learning strategies, and a writing centre.
<https://sass.queensu.ca>

THE QUEEN'S SHIFT PROJECT

This is a collection of events and initiatives aimed at centering equity-deserving student experiences, providing opportunities for dialogue around topics outlined in their survey, and acting on the next steps towards improving campus culture at Queen's.

SEXUAL ASSAULT CENTRE KINGSTON (SACK)

SACK is a not-for-profit organization providing free, confidential, non-judgmental support for all survivors 12+, regardless of gender or identity, of recent and/or historic sexual violence in Kingston, Frontenac, Lennox & Addington (KFL&A).

THE YELLOW HOUSE

The Centre for Student Equity and Inclusion is dedicated to enhancing the development and wellbeing of the Queen's equity-seeking community and supporting initiatives to recruit and retain racialized and equity-seeking students at Queen's. The Yellow House provides dedicated on campus space for Queen's undergraduate and graduate student clubs.
<https://www.queensu.ca/yellow-house/>

HUMAN RIGHTS AND EQUITY OFFICE

Human Rights Advisory Services provides advice to Queen's community members concerning human rights issues arising at Queen's and advocates for human rights practices and policies that respond to the needs of Queen's equity-seeking communities.
<https://www.queensu.ca/hreo/home>

LEVANA GENDER ADVOCACY CENTRE

The Levana Gender Advocacy Centre is a student-funded Queen's University organization committed to creating and nurturing a radical community of Kingston students and residents. Devoted to fighting gender oppression and advocating for broad ideas of gender empowerment for those of any or no gender, Levana operates on anti-oppressive practices. They are committed to confronting all forms of oppression and working to dismantle oppressive systems and hierarchies including patriarchy, racism, white supremacy, colonialism, classism, cissexism, heterosexism, and ableism. Levana exists for anyone in the Kingston community, regardless of whether or not they are Queen's students.

QUEEN'S FIRST-YEAR OFF-CAMPUS COMMUNITY

The Queen's First-Year Off-Campus Community supports first-year students living off campus.

QSUCCESS FIRST-YEAR MENTORING PROGRAM

This program aims to remove barriers and contribute to a successful transition through the first year of university through ongoing engagement and one-on-one mentoring.

BIPOC TALK

BIPOC Talk is a new initiative aimed to provide peer-to-peer support for self-identified BIPOC students (Black/Indigenous/Persons of Colour) on-campus through a multitude of methods between the PSC and the Committee Against Racial and Ethnic Discrimination (CARED). This includes, but is not limited to, designated peer support sessions/consultations for racialized students and referrals to specific on-campus resources.

The Following Resources Fall Under the AMS Social Issues Commission (SIC):

The SIC seeks to facilitate dialogue, education, and engagement on all matters related to equity, identity, and anti-oppression. The SIC strives to foster a safer space for students, to connect students with resources, and to engage with and promote social justice and human rights issues on campus. Services they provide include:

PEER SUPPORT CENTRE (PSC)

The PSC is a drop-in service providing all undergraduate students with confidential, non-judgemental, and empathetic peer-based support. Their goal is to foster a comfortable environment for students through active listening, practical assistance, and resource referrals. They welcome peers to come in to speak with them about: stress, academic grievances, financial assistance, oppression/discrimination, sexual assault, mental health, and more. They also encourage peers to come in to celebrate good news, have a quiet and cozy space to read, play board games, or just to have some friendly company. Please note that they are not a replacement for health services who can provide diagnosis, treatment, or long-term support; nor are they a first point of contact in the case of an emergency.

QUEEN'S CARED

CARED (Committee Against Racial and Ethnic Discrimination) is an anti-racist activist and educational committee that holds events throughout the year to discuss "Race," Racism, and the effects of discrimination. The committee advocates for students that have encountered incidents of racism and discrimination and aims to fight oppression through education, lobbying, and by looking at the intersections of oppression.

AMS FOOD BANK

The AMS Food Bank is a confidential and non-judgemental food service to members of the Queen's Community. It aims to provide clients with food services in the most comfortable environment possible.

COLLECTIVE REFLECTIONS

Collective Reflections is a student-run, anti-oppressive publication that aims to showcase opinions, anecdotes, and any creative expressions on topics such as: feminism, race & ethnicity, ability & accessibility, sexuality & gender diversity, and mental health.

EDUCATION OF QUEER ISSUES PROJECT (EQUIP)

EQuIP promotes education and action around queer issues locally, nationally, and internationally, and works to create an environment that can truly be called a positive space for people of all sexual and gender identities. The committee works closely with campus and community groups in order to facilitate education, create awareness, and advocate for human rights.

STUDENT COMMUNITIES

EDGE LEADERSHIP (EDGE)

EDGE Queen's is a sub-chapter of EDGE Diversity leadership. They are a student-run, non-profit organization that is focused on enabling the personal and professional growth of underrepresented students. They believe that representation contributes to the presence of diversity that is integral to the success of all reputable organizations. As such, EDGE Queen's is committed to fostering more empowering and inclusive environments within STEM and business.

QUEEN'S WOMEN IN LEADERSHIP (QWIL)

QWIL is a student-run club within the Queen's University Community. For the aspiring leaders of today, QWIL works to connect, inspire and educate. They strive to empower women to reach their full potential and challenge people of all genders to engage in the conversation surrounding equity.

Q+

Q+ is a committee designed to allow the LGBTQ+ community at Smith to flourish. They offer support through recruiting opportunities, access to professional development and resources, and foster a strong LGBTQ+ community within the school. Q+ hosts events in Kingston and Toronto.

SMITH BLACK BUSINESS ASSOCIATION (SBBA)

SBBA seeks to eradicate the barriers that intervene with the prosperity of black people in the Business Industry and to provide a space that is both safe and welcoming, in which they can learn and grow.

QUEEN'S COMMERCE MENTAL HEALTH ASSOCIATION (QCMHA)

QCMHA promotes the conversation of mental health and wellness throughout the Commerce community. A survey was sent out to the Commerce student body and 25% of students responded with a 4/5 or 5/5 when asked how often they felt their mental health has prevented them from reaching their full academic potential. It is clear that mental health is prevalent in our community, which is why QCMHA's driven team is striving to push the conversation and end the stigma of mental health.

AMS CLUBS

For an exhaustive list of student community clubs, please refer to the list provided by [Queen's Alma Mater Society](#):

EQUITY-SEEKING AMS CLUBS

- Queen's Women of Colour Collective
- Queers at Queen's
- Queen's Student Diversity Project
- Queer Collage Collectives
- Queen's Cultural Exchange
- Queen's Women in Computing

RELIGIOUS COMMUNITIES

- Queen's University Muslim Student Association
- Queen's Thaqalayn Muslim Association
- Queen's Hillel
- Queen's Geneva House

INTERNATIONAL STUDENTS

- Queen's University International Centre World Link Program
- Smith Global Network

CULTURAL IDENTITY ASSOCIATIONS

- Queen's Native Student Association
- Queen's African and Caribbean Students Association
- Queen's Black Academic Society
- Organization of Latin American Students at Queen's University
- Queen's Asian Students' Association
- Queen's South Asian Association
- Queen's Tamil Students' Association
- Queen's Pakistani Student Association
- Queen's Taiwanese Student Association
- Queen's Hong Kong Students' Association
- Queen's Korean Student Association
- Queen's Pinoy Association

INDIGENOUS STUDENT SUPPORTS

GENDER AFFIRMING ASSISTANCE PROJECT (GAAP)

GAAP seeks to provide support to Two-Spirit, trans, non-binary and gender diverse Kingston members.

OFFICE OF INDIGENOUS INITIATIVES

The Office of Indigenous Initiatives builds community, advances reconciliation/conciliation, and integrates Indigenous ways of knowing and being into the fabric and life of the University.

FOUR DIRECTIONS INDIGENOUS STUDENT CENTRE (4D)

4D strives to be a home away from home for Indigenous students and a site of information and support for the broader Queen's community. You can visit the Centre at 144 & 146 Barrie Street.

QUEEN'S NATIVE STUDENTS ASSOCIATION

A group of both Indigenous and non-Indigenous students working towards Indigenous awareness on campus and in the Kingston community.

BCOM

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